



# IOWA LAW ENFORCEMENT ACADEMY RIFLE MARKSMANSHIP QUALIFICATION COURSE



**Target:** FBI-style “Q” target (see example)

**Ammunition Requirements:** 30 rounds (2 magazines of 15 rounds each)

**Scoring:** A minimum of 24 rounds (80%) must hit inside the scoring area; for rifle instructor status, the shooter must have 27 rounds (90%) inside of the scoring area

**Distance:** 100 yards for all strings (may be fired at 50 yards on a 50% reduced target)

## **STAGE I: 10 rounds – 4 minutes**

The shooter will load and make ready with one 15-round magazine, then assume the prone position. Front and rear support for the rifle during this stage is allowed. On command, the shooter will fire 10 rounds from the prone position in 4 minutes. Upon firing the last shot, the shooter will place the weapon on “safe”, ground the weapon, and recover to the standing position until the line is called safe.

## **STAGE II: 15 rounds – 90 seconds**

The shooter will pick up the weapon and assume the ready gun position. On command, the shooter will fire 5 rounds from the standing position, 5 rounds from the kneeling position, and 5 rounds from the sitting position, all in 90 seconds. The weapon must be placed on “safe” during every position change, and a mandatory combat reload must be conducted between the standing and kneeling positions. After firing the final shot, the shooter will place the weapon on “safe” and recover to the standing ready-gun position.

## **STAGE III: 5 rounds – 30 seconds**

On command, the shooter will fire 2 rounds from the standing position and 3 rounds from the kneeling position, all in 30 seconds. The weapon must be placed on “safe” during every position change. Upon firing the last shot, the shooter will place the weapon on safe, remove the magazine, lock the bolt to the rear, and verify an empty weapon.

