



**HEADQUARTERS IOWA NATIONAL GUARD**

**Office of the Adjutant General**

*Camp Dodge*

7105 NW 70<sup>th</sup> Ave  
Johnston, Iowa 50131-1824

JFHQ-IA-Z

1 Oct 05

MEMORANDUM FOR All Units / Organizations / Activities, Iowa Army National Guard

SUBJECT: Wear of Reflective Belt or Vest for Physical Fitness Activities, Iowa Army National Guard

1. This policy applies to all Iowa Army National Guard units and activities and all military or civilian tenant activities or visitors on Iowa National Guard property.
2. Reflective devices have proved to be an effective means to enhance runner safety during daylight as well as periods of low visibility. Iowa National Guard military or civilian personnel shall wear a reflective belt or vest while conducting physical fitness activities on roadways during duty hours, while in military duty status, or anytime on roadways on Iowa National Guard property. Other military personnel and all civilians performing physical fitness activities on roadways on Iowa Army National Guard property shall also wear a reflective belt or vest.
3. Garrison commanders shall provide tenant or transient units or activities with a copy of this policy. The Iowa Army National Guard shall procure a limited number of reflective belts for distribution.
4. Points of contact are the JFHQ-IA-DCSOPS at (515) 252-4375 or JFHQ-IA-HRO at (515) 252-4279.

A handwritten signature in blue ink, appearing to read "Ron Dardis", is written above the typed name.

RON DARDIS  
Maj Gen., Iowa National Guard  
The Adjutant General

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