

**HEADQUARTERS IOWA NATIONAL GUARD**

**Office of the Chief of Staff**

*Camp Dodge*

7700 NW Beaver Drive

Johnston, Iowa 50131-1902

AGIA-CSAR

17 April 2002

MEMORANDUM FOR Commanders/Supervisors, All Units/Organizations/Activities,  
Iowa National Guard

SUBJECT: Jogging Within Camp Dodge Cantonment Area

1. Reference

a. AGIA-CSAR memorandum, Subject: Physical Fitness Training/Testing at Camp Dodge, dated 18 November 1999.

b. AGIA-Z memorandum, Physical Training Program Policy Letter, dated 16 January 2002.

2. The purpose of this memorandum is to outline requirements for individuals desiring to run within the boundaries of the Camp Dodge cantonment area. This office has recently received several reports of near misses, vehicular speeding and potentially hazardous situations on the reservation.

3. Individual runners will use extreme caution while running. Runners are encouraged to use sidewalks and approved paths when available. When running along approved roadways, runners will face traffic and run at the edge of the road or upon the shoulder. Individual and small group joggers are required to wear reflective safety gear while running along or across public roadways during periods of limited visibility. Further, the wearing of headsets to listen to music is prohibited when running on roadways.

4. Formations are required to have a minimum of one road guard at the front and one road guard to the rear for singular formations and two or more when formations exceed two abreast. Road guards will wear reflector-type vests both day and night to enhance visibility and the safety of soldiers. Flashlights or other illumination devices are required during hours of darkness.

5. Commanders/Supervisors will coordinate with Camp Dodge Training Site for route recommendations when planning for formation runs & APFT distance events.

6. Vehicular drivers are responsible for obeying speed restrictions. The posted speed limit for cantonment area roads is 25 MPH, and 10 MPH when passing troops. Drivers must be alert to possible runners when proceeding through stop signs and intersections. Pedestrians have the right of way.

7. **Effective immediately, all running upon Maintenance Road is prohibited.** Moreover, running off post along both Beaver Drive and NW 70<sup>th</sup> during duty hours is also prohibited. Runners may cross prohibited roads, but must do so at roadway intersections while using extreme caution.

8. Questions may be directed to Major Tom Nielsen, State Safety Officer, at telephone number (515) 252-4450 / 4050.

*Michael A. Gardner*

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